

268 CHALLENGE

IN THE MORNING

Read (Read the passage)

One word (Write down 1 word in the passage that stands out to you)

Think (Think about that word for one minute)

LUNCH (AFTER)

Read (Read the passage)

Think (Think about it for one minute)

Write (Write down what you think that word means)

*don't use Wikipedia

Ask (What does this mean?)

DINNER (AFTER) OR BEFORE BED

Read (Read the passage)

Read (Read the definition)

Think (What does this mean to ME? What does this say about ME?)

Ask (How can I practice this starting now?)

Day 1 - Psalm 28:7
Day 2 - John 16:22
Day 3 - 1 Peter 1:8-9
Day 4 - John 16:24
Day 5 - Psalm 32:11
Day 6 - Gal. 5:22-23
Day 7 - Isaiah 9:3
Day 8 - Luke 15:7
Day 9 - Nehemiah 8:10
Day 10 - James 1:2-3
Day 11 - Phil. 4:4
Day 12 - 1 Thess. 5:16-18
Day 13 - Romans 12:12
Day 14 - Psalm 94:19
Day 15 - Romans 15:13
Day 16 - Psalm 144:15
Day 17 - Eccl. 9:7
Day 18 - Psalm 47:1
Day 19 - Phil. 2:1-2
Day 20 - 1 Kings 8:66
Day 21 - Psalm 34:7
Day 22 - Isaiah 12:6
Day 23 - Romans 15:32
Day 24 - 1 Tim. 6:6
Day 25 - Proverbs 10:28
Day 26 - John 15:11
Day 27 - 2 John 1:12
Day 28 - Romans 5:1-5
Day 29 - Proverbs 23:24
Day 30 - Psalm 16:11